

Spa Treatment Menu



*Hand*PICKED
— HEALTH CLUBS & SPAS —

Face

Touch Facials:

ELEMIS and Comfort Zone hands-on facial treatments use touch as a powerful diagnostic tool, product is applied using a combination of ancient and modern massage techniques from around the world.

Anti-Ageing Touch Facials

[comfort zone] Sublime Skin Deluxe Lift Facial	70 minutes	£125
[comfort zone] Sublime Skin Active Lift Facial	55 minutes	£100
[comfort zone] Sublime Skin Double Peel Facial	55 minutes	£100
ELEMIS Pro-Glow Smooth Facial	55 minutes	£100

Skin Specific/Prescriptive Facials

(Tailored by your therapist)

[comfort zone] Hydra Glow Facial	55 minutes	£100
ELEMIS Pro-Glow Brilliance Facial	55 minutes	£100
ELEMIS Pro-Glow Resurface Facial	55 minutes	£100
ELEMIS Pro-Glow Renewal Facial	55 minutes	£100
ELEMIS Pro-Glow Express Facial	25 minutes	£65

Technology Facials:

ELEMIS BIOTEC facials use the pioneering innovation of the BIOTEC machine to switch the skin back on, increasing its natural cellular energy.

Anti-Ageing Technology Facials

ELEMIS Biotec Pro-Glow Smooth Facial+	55 minutes	£100
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Skin Specific/Prescriptive Technology Facials

ELEMIS Biotec Pro Glow Brilliance Facial+	55 minutes	£100
ELEMIS Biotec Pro Glow Resurface Facial+	55 minutes	£100

Massage

[comfort zone] Body Active Massage	70 minutes	£125
[comfort zone] Aromasoul Elements Massage	55 minutes	£100
ELEMIS Freestyle Deep Tissue Massage	55 minutes	£100
Traditional Full Body Massage	55 minutes	£100
ELEMIS Freestyle Deep Tissue Massage	40 minutes	£85
ELEMIS Freestyle Deep Tissue Massage	25 minutes	£65
Traditional Back, Neck & Shoulder Massage	25 minutes	£65

Heat Treatments

ELEMIS Deeper than Deep Hot Stone Massage	55 minutes	£110
ELEMIS Deeper than Deep Hot Stone Massage	40 minutes	£95

Combination Treatments

Full Body Massage & Luxury Facial Combo	115 minutes	£185
Luxury Facial & Back, Neck & Shoulder Massage Combo	85 minutes	£155
Full Body Massage & Express Facial Combo	85 minutes	£155
Face & Body Combo Treatment	55 minutes	£100
Body Scrub & Massage Combo Treatment	55 minutes	£100
Massage & Shape & Polish Combo Treatment	55 minutes	£100
Fingers & Toes Combo Treatment	55 minutes	£68

Body: Rituals, Scrubs & Wraps

[comfort zone] Himalayan Salt Ritual	55 minutes	£100
ELEMIS Frangipani Body Nectar Nourishing Wrap	55 minutes	£100
ELEMIS Intensely Cleansing Lime & Ginger Salt Scrub	25 minutes	£65
ELEMIS Intensely Cleansing Frangipani Salt Scrub	25 minutes	£65

Pregnancy

ELEMIS Peaceful Pregnancy Massage	55 minutes	£100
ELEMIS Pregnancy Facial	55 minutes	£100

Suitable for all mothers-to-be from 13 weeks of pregnancy.

Speciality Treatments

Reflexology	40 minutes	£85
Indian Head Massage	25 minutes	£65

Hands & Feet

Luxury Pedicure	70 minutes	£70
Classic Pedicure	55 minutes	£60
Luxury Manicure	55 minutes	£60
Classic Manicure	40 minutes	£55
Shape & Polish for Toes	25 minutes	£35
Shape & Polish for Fingers	25 minutes	£35

Please bring open toe shoes to wear after your pedicure.

Gel Nails

GEL Removal & Pedicure*	70 minutes	£75
GEL Removal & Manicure*	70 minutes	£70
GEL Pedicure	55 minutes	£65
GEL Manicure	55 minutes	£60
GEL Removal*	30 minutes	£35

**Removal of soft gels only i.e brush on gels/soak off gels. We are not able to remove hard gels or acrylics requiring specialist equipment. If unsure we therefore strongly recommend you call the spa direct prior to making a booking.*

Terms and conditions. Please visit our website for further information on: Hand Picked spa booking terms and conditions. Opening and closing times. How to book and methods of payment. Cancellation policy. Health guidelines.

handpickedhotels.co.uk/spa-termsandconditions

All prices may be subject to change.

All prices include GST at 5% and may be subject to change.

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Central Reservations 01642 706634

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